

OJIBWE INAAJIMOWIN

THE
STORY
AS IT'S
TOLD

JULY 2014 | VOLUME 16 | NUMBER 07



THE 23RD ANNUAL GRAND CELEBRATION

Larry "Amik" Smallwood, Lilah White, and
Chief Executive Melanie Benjamin
Photo credit: Steve Premo

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UMD MASTERS
PROGRAM
GRADUATES

TO HONOR
AND NEVER
FORGET

PRAYERS
AND
GOOSEBUMPS

GENEALOGY:
KNOW WHERE
YOU COME FROM

MESSAGE FROM THE CHIEF EXECUTIVE

MELANIE
BENJAMIN
CHIEF EXECUTIVE



Leadership is not about the next election — it's about the next generation. That's an old quote that I think applies to the Band. Regardless of who wins an election, wise leaders move ahead together, unified by a desire to improve their community and world for future generations. Now that the election is behind us, I'm excited about the work that lays ahead of us to advance progress for the Band!

Congratulations to incoming Secretary-Treasurer Carolyn Shaw-Beaulieu, incoming District II Representative David Niib Aubid, and incoming District III Representative Harry Davis. Each of these people brings valuable experience and knowledge to the Band government from previous government positions. I look forward to working together with the new Band Assembly. Miigwech to all who stepped forward to run for office, which takes tremendous courage. I'm so proud of everyone who offered their service to the Band.

Miigwech to outgoing Secretary-Treasurer Curt Kalk, District II Representative Marvin Bruneau and District III Representative Diane Gibbs, each of whom will be stepping down in July. We are sincerely grateful for their public service to the Band, and wish them well as they move onto other opportunities in our community.

Every time I cast my vote I think about how lucky I am to be living in a place where my vote counts, whether it's the Band community or the United States. So many of our Ojichidaag have fought and died for the right to vote, so we always have to remember how important it is that we exercise that right. Miigwech to Band Members for voting!

A wonderful event for veterans took place during the Hinckley Pow-Wow this month in honor of veterans, planned by Allen Weyaus, Mille Lacs Post 53 Post Commander. More than 100 veterans from countries around the world participated in a veterans exchange, attending the pow-wow. It was an amazing cross-cultural experience for all. I was also grateful to my good friend, Sue Masten, Vice Chair of the Yurok Tribe and who spoke at the Pow-Wow. We spent time planning our next WEWIN conference in August and are working hard to fundraise so that more Indian women can attend this powerful conference and develop their leadership skills.

I've written before about our application to the Department of Justice for federal assistance under the Tribal Law and Order Act. This law would allow for federal penalties for major crimes committed on the reservation, including drug-dealing, gang activity and violent crimes. If convicted, rather than going to state prison or Milaca, perpetrators would go to federal prisons like Leavenworth and serve federal sentences, which tend to be much longer than state sentences.

On June 24, U.S. Attorney Andrew Luger visited the reservation, meeting with elected officials and tribal attorneys. Justin Churchill provided a tour of the reservation, showing him the scenes of violent crimes. At the end of the meeting, the U.S. Attorney gave us the go-ahead to begin working with federal officials immediately to track these violent crimes. We are

going to make it very expensive and very difficult for anyone to sell drugs on our reservation and make it clear that those who endanger our people are not welcome on the Mille Lacs Reservation. With the help of the U.S. Attorney, we are going to win this war on drugs and make our reservation safe for all. Our Elders must safe living on the reservation, and our children deserve to feel safe playing in their own neighborhoods.

One year ago, Governor Dayton signed an executive order requiring state agencies to consult with Indian tribes and that state employees receive training about tribal sovereignty, history and federal-tribal-state relations. On June 16, we hosted a two-day training, provided by Tadd Johnson and Ed Minnema through UMD, for 100 state employees at Grand Casino Hinck-

these two young men was unveiled at this event. Miigwech to Carol Shaw-Beaulieu for coordinating this event for the Band, Mary Sam for her work with the city, Allen Weyaus and our veterans who participated, Pete Gahbow and the Little Otter singers and Marvin Bruneau and Diane Nickaboine who also represented the Band."

Finally, one of the highlights of the month for me was attending and speaking at our graduation ceremonies, including Head Start, the Middle School, Upper School and the All-Band ceremony where we celebrated more than 180 Band Members who received their degrees ranging from GED's to Master's degrees! What an amazing accomplishment for these Band Members and their families. Sometimes it can feel like challenges



Pictured (L-R): White Earth Chair Woman Erma Vizenor, Chief Executive Melanie Benjamin, Brainerd Mayor James Wallin, and Leech Lake District III Representative Leroy Staples Fairbanks III.

ley. After the Little Otter Drum Group sang and Lee Staples provided the invocation, I welcomed the state employees to our community. I kept wondering what former Chief Executive Art Gahbow would have thought to have 100 state employees on our lands learning our history, with three generations of the Gahbow family on the drum!

July was incredibly busy with many other meetings. I attended a conference with the largest foundations in Minnesota to solicit funding for better healthcare for Indian people, and attended a meeting with Chairman Charlie Vig of the Shakopee Mdewakanton Sioux Community to discuss land law reform.

Several of us participated in a powerful event in Brainerd on June 18, in which the Mayor issued a proclamation of reconciliation with Indian people apologizing for the lynching of two American Indian men from White Earth in 1872, which has been called the "Blueberry Wars". A plaque memorializing

never stop coming at us, but events like this are wonderful reminders of what is best about our community. Our Band is filled with people with extraordinary gifts, talents, wisdom and perseverance. I am so proud of everyone who achieved an educational milestone. Congratulations to all and to their families! Miigwech!

Melanie Benjamin

Paying it Forward

Band member graduates from UMD Masters Program reflect on new knowledge

Deborah Locke Staff Writer
Brett Groehler Photographer

Two new Mille Lacs Band graduates from the Master of Tribal Administration and Governance (MTAG) program at the University of Minnesota-Duluth each made the same points at different interview times.

A people can govern themselves best when they know and take pride in their history and where they came from. They govern best when they understand the finer points of sovereignty, treaties, and U.S. federal Indian policy. The people govern best when they know themselves.

Band members Caryn Day and Ron Anderson received their MTAG degrees in May. The two-year program started at UMD in 2011 and included coursework on tribal budgets, sovereignty, finance and accounting, tribal management principles, federal Indian law, and leadership and ethics.

Caryn, MLB Tribal Operations Director, and Ron, Property Manager for the Band's Corporate Ventures division, agreed to address the difference education makes in a person's life. Caryn has a B.A. in organizational behavior from the College of St. Scholastica.

The program's most "eye-opening" benefit to Caryn is that it taught her history from the treaty making era that was ignored during her elementary and high school years. New knowledge of the true history will allow Indians to rewrite their own history and develop school curriculum that instills pride, she said.

Typically master degree programs require a heavy reading load, but Caryn said it didn't feel that way because she devoured the information with gusto. "I had a thirst for it," she said.



The Cohort II graduating class of 2014 poses before walking across the stage where Tadd Johnson officially affixed their Master's hoods to complete their studies.

She recommends that other native people start the MTAG program because UMD has a strong network of native students who support each other through good times and bad.

"It's easy to give up, like if your car breaks down," she said. "But don't quit, try harder, limit social functions and put your whole self into your education," she said. "Difficult times can make you stronger."

Ron Anderson is the rare individual who is both academic and hands-on practical at the same time. He spent most of his life doing pipe fitting and plumbing work and helped build the Hinckley hotel/convention center, Grand Makwa Cinema, and the Black Bear Hotel. During free time he received a B.A. in business management from the College of St. Scholastica.

He learned of the MTAG program from its director Tadd

Johnson. Ron attended an orientation session, applied and was accepted. The education was invaluable, Ron said, because he learned more not only about personnel management but also organizational management.

The other kids called Ron a "geek" when he was young because he was a good student, but the name never bothered him. Today he's thinking of going on for a Ph.D. to round out his education (as is Caryn). Like Caryn, Ron made lifelong friends at UMD: classmates William Meyers from Grand Portage and Don Wiesen from Fond du Lac.

Said Ron of receiving his degree: "Now that it is over, the feeling of doing right by our tribe is overwhelming. After all, our tribe paid for my education. Now it is time to pay it back and forward."

Band Loses 1,500 Pounds After Challenge From Chief Executive

Second contest kicks off on July 28 and runs through November

From Staff Reports **Jason Myroid** Photographer

The Mille Lacs Band celebrated the success of its first ever Weight Loss Challenge with a banquet on Friday, June 6.

Organized by Chief Executive Melanie Benjamin, the challenge helped the 150 participants collectively lose nearly 1,500 pounds.

"I am so proud of all of the Band members who stepped up and participated in this challenge," Melanie said. "By committing to better health, you have given yourselves the gift of health and that's priceless."

At the awards banquet, Bobby Anderson and his wife Heidi Krone were awarded first place prize of \$5,000 after losing a combined total of 132 pounds.

Mary Meyer, who came in second, lost a total of 30 pounds and was awarded \$3,000. Crystal and Joe Wechert lost a combined 63 pounds and came in third, winning \$2,000.

The second round of the Chief Executive's Fitness Challenge will get underway at the end of July. The contest begins on July 28 and runs through Nov. 14.

All Band members, along with their significant others and family members living in the same household, are eligible to make up a team. Even those who participated in the first challenge are welcome to join in the second contest.

All those who want to enter the contest must participate in a weigh-in with the Band's fitness coordinator, Jim Ingle. The district weigh-ins will be held in these areas:

- 10 a.m. to 5 p.m. on July 23 at the Urban office
- 8 a.m. to 5 p.m. on July 24 at East Lake and Chiminising
- 8 a.m. to 5 p.m. on July 25 at Mille Lacs and Aazhoomog

Participants should wear a lightweight shirt and shorts during the weigh-in. Contact Jim at the fitness center at 320-532-7547 with any questions.



Pictured (L-R): Heidi Krone, Bobby Anderson, Larry Yazzie, Mary Meyer, Chief Executive Melanie Benjamin, and Joe Wechert.

The 23rd Annual Mille Lacs Band of Ojibwe Grand Celebration

Chad Germann Photographer

The 23rd Annual Mille Lacs Band of Ojibwe Grand Celebration was held June 20-22 at Grand Casino Hinckley.

Master of Ceremonies were Terry Fiddler from Prairie Island and AMIK from Hinckley. Arena Directors were Randy Paskomin (Utah) and Dana Warrington (Wisconsin). Specials Coordinator was Pete Gahbow and Local Host was Little Otter (Mille Lacs). Invited drums included Black Stone (Utah), SeeKasKooStch (Saskatchewan), and Buc Wild (Arizona).

The celebration included a lively drum contest, which awarded over \$85,000 in prize money. Miigwech to everyone who helped coordinate this event!



48th Annual Traditional Powwow in August

Friday, August 15–Sunday, August 17
Iskigamizigan Powwow Grounds, West side of Lake Mille Lacs



Co-MC's: AMIK and Pete Gahbow

Co-host Drums: Little Otter and Pipestone

Grand Entries: Friday: 7 p.m., Saturday: 1 p.m.–7 p.m., and Sunday: 1 p.m.

Events: Princess & Brave Contest, Best Parade Float Contest, Best Rez Car Contest, Horseshoe Tournament, Moccasin Game, Fun Run (sponsored by the Mille Lacs Indian Museum)

Free: Admission, camping, showers, and firewood (off-site firewood prohibited)

On sale: Powwow t-shirts & jackets and powwow buttons

Food & Craft Vendors: Limited space — reserve early. Contact Carol Hernandez, 320-532-776, ext. 2401

Drum Monies: Drums must have a minimum of five singers. All singers must personally register with their drum and designate one individual who will collect at payout. At least five registered singers must be present at the drum during each roll call in order to be paid for that session.

Veteran & Active Duty Flags: The powwow committee is seeking flags for honoring family members who served. See page five for form and additional information, or to complete forms via telephone, contact Ramona Bird at 320-532-7860.

Other Information: All dancers must be in appropriate regalia at each grand entry and exhibitions in order to be paid.

All tiny tot sessions will be smoke free.

Contact: Carla Big Bear, 320-532-7517 or Kim Sam, 320-224-1646

Powwow Grounds Getting Facelift for August Ceremonies

Toya Stewart Downey Staff Writer

Every August, Mille Lacs hosts the annual traditional powwow on beautiful Mille Lacs Lake. It is attended by people from all over the nation and community members alike. The August 15-17th event will be greeted by shiny new stands that are being built to stand the test of time.

"There was such a need to update the powwow grounds and to make the stands safer for attendees," said Katie Draper, Commissioner of the Band's Community Development Depart-

ment. "The wood was rotten in several places and even though the grounds' biggest use is for our annual powwow, they needed to be updated to ensure the attendees are safe."

The work has been underway since winter, and the workers are moving fast and furiously to have the grounds completed before the August date. The harsh winter and rainy spring have made it challenging to keep the project on the original timeline.

The new stands will have steel beams rather than wood

and will have cement footing. There will be designated seating for the Elders and a new stand for the master of ceremonies.

"We will host a beautiful powwow on beautiful powwow grounds, and I think people will be pleased," Katie said. "The seating will be more comfortable and most of all it will be a safer structure for our guests."



Veteran and Active Duty Family Flags

The Iskigamizigan Powwow Committee is currently seeking out Mille Lacs Band families that intend to honor a family Veteran and/or Active Duty Band members by flying their US Flag at the upcoming 48th Annual Mille Lacs Band of Ojibwe Traditional Powwow which is being held August 15-17, 2014!

Please note that the Flag raising will take place on Friday, August 15, 2014. All Flags will remain flying for the duration of the powwow and will be illuminated throughout Friday and Saturday nights. The lowering of the Flags will take place Sunday, August 17, 2014 prior to the Adult exhibitions. We strongly encourage you and your family to listen for the MC to announce for your family to start gathering at your Veteran's Flag pole.

If your family intends on honor a veteran in your family during this time, please complete the form below. All completed forms can be returned to Tony Pike at email Tony.Pike@millelacsband.com or mail to Attention Powwow Committee, 43408 Oodena Dr., Onamia, Minnesota, 56359.

Deadline to confirm your intention is August 8, 2014!



Veteran and Active Duty Family Flags Form

Name of Veteran/Active Duty family member: _____

Rank: _____

Years of Service: _____

Military Service: _____

Military Operation(s): _____

Medals Awarded: _____

Who will be carrying in the Veteran's Flag:

Name: _____

Rank: _____

Military Service: _____

Please provide your name and contact information: _____

Mail form by Friday, August 8 to:

Attention Powwow Committee
43408 Oodena Dr.
Onamia, MN 56359

General Election Results in New Band Officials

The Mille Lacs Band held a General Election on June 10. The offices of District II Representative, District III Representative, and Secretary-Treasurer were up for reelection:

- **Secretary-Treasurer:**
Carolyn Shaw-Beaulieu
432 votes 54.61%
Curt Kalk (incumbent)
359 votes 45.39%
- **District II Representative:**
David Niib Aubid
104 votes 59.43%
Marvin Bruneau (incumbent)
71 votes 40.57%
- **District III Representative:**
Harry Davis
127 votes 56.95%
Diane Gibbs (incumbent)
96 votes 43.05%
- **District I School Board:**
Joseph Nayquanabe, Sr.
168 votes 55.63%
Billie Jo Sarcia
134 votes 44.37%
- **District III School Board:**
Richard Dunkley
173 votes 100%

The Mille Lacs Band of Ojibwe
Requests the honor of your presence to attend the
Inauguration Ceremony of

Carolyn Shaw-Beaulieu **David "Niib" Aubid** **Harry Davis**
Secretary-Treasurer District II Representative District III Representative

Joe Nayquanabe Sr. **Richard Dunkley,**
District I School Board member District III School Board member

Tuesday, the eighth of July
Two thousand and fourteen
at ten a.m.
Grand Casino Mille Lacs Event Center
Lunch following the ceremony

Miigwech to outgoing Secretary-Treasurer Curt Kalk, District II Representative Marvin Bruneau and District III Representative Diane Gibbs.

Congratulations to the new incoming Band officials! Details of their upcoming swearing-in ceremony is below. Miigwech to everyone who voted!

Armed Service Members Honored at Hinckley Powwow

Toya Stewart Downey Staff Writer **Steve Premo** Photographer

Worlds and cultures came together in a remarkable way when more than 150 service members from the Army National Guard and Norwegian Home Guard joined Band members from the Am Vets Post 53 during the Hinckley Powwow.

The sight and presence of all of the service people together from different parts of the world was something to behold, said Allen Weyaus, commander of Post 53.

"It was really neat to see how our color guard, the National Guard and the Norwegian guards came together as one," said Allen. "It was a lot of soldiers to have there and it looked really sharp."

It was also greatly appreciated by the guards, according to the Minnesota Camp Ripley Facebook page, "The Mille Lacs Band of Ojibwe honored members of the American-Norwegian Reciprocal Troop Exchange during the 23rd Annual Powwow in Hinckley.

Joining dancers and the color guard in the Grand March (Entry) over 150 service members of the Minnesota National Guard and the Norwegian Home Guard paraded around the arena before being recognized and thanked for service by the Band."

"The cultural experience during the exchange is equally im-

portant as the skills training, allowing each person to bring back home a great understanding of another way of life," the Facebook post continued.

The color guard was comprised of Band members Diane Nickaboine, Marvin Beaulieu, Carolyn Shaw-Beaulieu, and Quintin Sam.

The visit to the 23rd Annual Hinckley Powwow by the Army National Guard and Norwegian Home Guard came together because the group from Norway decided to visit the United States in the summer rather than in the winter. They picked the month of June and had determined they wanted to experience something different.

The group also had a strong interest in learning more about American Indians so the timing of the powwow and their visit couldn't have been better, Allen said.

"The powwow will be a huge selling point for them to come back in the summer," he said. "They experience something they have never had the opportunity to do before and they thought it was truly amazing."

One of the service members told Allen that he didn't have words to describe how incredible the experience was and Allen knew exactly what he meant.

"I felt the same way the first time I did the color guard... I couldn't put into words how it felt."

Allen, who served in the U.S. Navy in 1991 during Desert Storm, said he is hopeful that the groups will visit the Band and learn more about the culture and attend powwows in coming years.

"The biggest thing was to have two units come together and follow simple orders and make a nice, even formation so everyone could see it," he said. "It was an absolute honor to work with both groups."



Armed service members pose with the color guard at the Hinckley Powwow in June.

Band Hosts Tribal-State Relations Training in Hinckley

Andy McPartland Staff Writer

The Mille Lacs Band hosted a Government-to-Government Tribal-State Relations Training at Grand Casino Hinckley on June 16-17.

In August 2013, Governor Mark Dayton signed an Executive Order directing state government agencies to implement new tribal consultation policies aimed at improving relationships and collaboration with Minnesota's eleven Tribal Nations.

111 employees of the state of Minnesota attended the event, which took place in the Hinckley Events & Convention Center.

The facilitator of the event was Dr. Ed Minnema, Assistant Professor at University of Minnesota–Duluth. At the Opening Ceremony, the Little Otter Drum Group performed the Flag Song and Lee Staples provided the Invocation.

Chief Executive Melanie Benjamin gave a speech welcoming the state employees, noting that she was appreciative of the historic step taken by Governor Dayton.

"My hope is that by sitting down and learning from each other, we can avoid many problems in the future," Melanie said. "The fact that you are here tells me that you are willing to listen and learn."

Melanie said that while state employees may feel guilt when hearing about tribal history, the information is still important.

"Guilt is a dead-end, because it can paralyze," Melanie said. "Guilt is not action — it stops people from acting. What I want today is for you to listen, learn and then act."

Tadd Johnson, Esq., Professor at University of Minnesota–Duluth spoke regarding federal Indian policy and the legal background between tribes and states. Other presenters included John Morrin (Vice Chairman, Grand Portage Band of Lake Superior Chippewa), Billie Mason (Commissioner of Education, Bois Forte Band of Chippewa), and Corey Strong (Executive Director, Bois Forte Band of Chippewa).

Other panels included question and answer sessions, examples of meaningful consultations in the past, and the sharing of family memories and traditions.

Ron Johnson (President, Prairie Island Indian Community) and John Morrin (Vice Chairman, Grand Portage Band of Lake Superior Chippewa) spoke as part of a panel of consulting and building partnerships with Indian communities.

This historic event was widely appreciated by the Mille Lacs Band and other tribal nations present. Chief Executive Melanie Benjamin expressed her gratitude.

"In the days and year ahead, we will all benefit by learning from each other," she said. "What I want is for you to listen, learn and then act. Take your new knowledge back to your agencies. Let it inform your decisions in your work."

"This is a new beginning," Melanie told the crowd. "We look to the future with great hope."



Lee Staples gives the Invocation at the training event.



Chief Executive Melanie Benjamin addresses attendees at the graduation recognition ceremony.

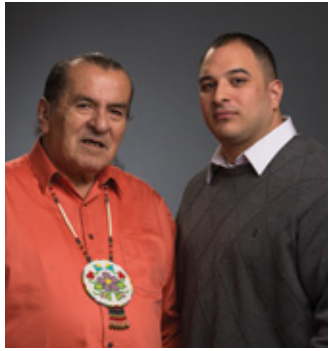
Graduates Celebrated at Annual Recognition Ceremony

The Mille Lacs Band of Ojibwe Higher Education Office hosted a graduation recognition ceremony on June 18 in the Grand Casino Mille Lacs Convention Center.

158 Band members graduated in 2014, including high school/GED, AA, BA, and MA degrees.

Commissioner of Education Suzanne Wise and Joe Nayquonabe, Sr. spoke at the ceremony and Chief Executive Melanie Benjamin gave the keynote address. Attendees also were treated to an Honor Song, dinner, and door prizes, courtesy of the Higher Education Office.

Congratulations to all graduates on all of their hard work!



Ambe Sanoo Ganawaabandamok Maajiyeg Please Watch What You Eat!

Lee Staples Gaa-anishinaabemod Obizaan **Chato Gonzalez** Gaa-anishinaabewibii'ang Ombishkebines

Ishke a'aw Anishinaabe ishkweyaang ogii-tazhindaanaawaa, aaninda a'aw Anishinaabe, "Gii-kabe-bimaadizi", ogii-izhi-wiindaanaawaa. Mii iw ingodwaak naa niizhtana endaso-biboonagiziniin awashime gaa-izhi-wiinaawaajin inow Anishinaaben gaa-kabe-bimaadiziniin. Mii-go gaye gaa-izhi-ashkibaginaandedengwewaad gaa-izhi-gichi-aya'aawiwaad. "Gii-aasaakamigomagadini odengwayaawaan", ogii-izhi-wiindaanaawaa.

Back in the day Anishinaabe talked about how some of the Anishinaabe lived a full life, they called it, Gii-kabe-bimaadizi. The Anishinaabe that were called, gii-kabe-bimaadizi, were those that lived to be 120 years old or more. They were so old they had green faces. They were called, "Gii-aasaakamigomagadini odengwayaawaan."

Ishke dash gaawiin geyaabi ginoondanziimin da-gabe-bimaadizid a'aw Anishinaabe noongom. Mii imaa wenjikaamagak noongom enanjiged a'aw Anishinaabe. Ishke mewinza a'aw Anishinaabe gaa-ayaad mii eta gaa-miijid i'iw-sa iniw Manidoon gaa-izhi-miinigod da-inanjiged. Gigii-miinigonaanig ingiw Manidoog inow giigoonyan, manoomin, awesiinyan, miinawaa bagwaj mayaajiging iw akeyaa da-inanjigeyang.

Nowadays we no longer hear of Anishinaabe living to be that old. This is a result of Anishinaabe's diet. Long ago the Anishinaabe ate only those foods that were given to them by the Manidoog to eat. The Manidoog gave us certain foods to eat such as the fish, wild rice, wild animals and all that grows in the wild.

Ishke dash a'aw wayaabishkiwed gaa-izhichiged, aana-wii-mamaanjigonaad inow Anishinaaben, mii iwapii gii-miinaad inow ishkonganan da-ni-bibizhaagiinid eta-go. Mii dash gii-makamind a'aw Anishinaabe iko nebowa gii-ayaangiban i'iw aki ge-giwoaadang. Mii dash i'iwapii a'aw chi-mookamaan gii-miinaad inow Anishinaaben ge-inanjigenid. Mii dash i'iw wiisiniwin geyaabi enigaa'igod a'aw Anishinaabe miijid. Mii dash imaa wenjikaad zaasakowaani-bakwezhigan. Gaawiin ingiw Manidoog gigii-miinigosinaanig i'iw akeyaa da-inanjigeyang.

At that time in order for the white man to have control over the Anishinaabe they gave them the reservations to live on. As a result of the creation of reservations the Anishinaabe were robbed of a lot of the land that they once hunted on. At that time the white man gave Anishinaabe rations/commodities to eat. That is still the food that is harming the Anishinaabe. That is where fry-bread originated. The Manidoog did not give those foods to eat.

Mii dash omaa noongom wenda-onzaamiikawaad inow zaasakowaani-bakwezhigan a'aw Anishinaabe. Mii inow waaninoshkaagojin, gwezigwanishkaagojin, biinish gaye wenjikaamagadinig ishpiming izhaamagadinig omiskwiim miinawaa ziinzibaakwadaapined a'aw Anishinaabe. Mii a'aw bibine-bakwezhigan gaa-miinigooyang ani-dagonigaazod imaa jiibaakweyang, mii-go dibishkoo enikaagoyang. Wawaaj igo ani-napodiniked a'aw Anishinaabe, mii gaye eni-doodaagod. Ishke a'aw Anishinaabe wenda-onzaamiikawaad inow napodinensan mii-go dibishkoo enigaa'igod. Aniish naa mii imaa wenjikaawaad gaye ingiw napodinensag imaa bayezhigoniin bibine-bakwezhigan.

These days Anishinaabe overindulge in fry-bread. That is what is causing Anishinaabe to be obese, overweight, to have high blood pressure, and diabetes. When we add the flour to our cooking it has the same effect on us. Even the dumplings we make and add to our soup is causing us these same problems. Even though the Anishinaabe enjoys eating macaroni it too is causing the same problems.

Ishke gaye ekidong bezhig inow bakwezhigan amwaad a'aw bemaadizid, mii imaa dibishkoo ingodwemikwaanens i'iw ziinzibaakwad nigaapoonod. Mii gaye inow opiniin wenda-minwenimaad a'aw Anishinaabe, mii inow gaye genaniizaanenimaapanen.

It is said that if a person eats one slice of bread it is the equivalent as eating one teaspoon of sugar. Anishinaabe really loves their potatoes, they should be wary of them also.

Mii iw bezhigo-biboonagakingoji-go apii gaa-maajii-booni'agwaa a'aw bakwezhigan, napodinensag, miinawaa opiniig. Ishke mii iw gaa-onji-izhichigeyaan i'iw akeyaa nigii-wenda-aabiinjii'igon ziinzibaakwadaapineyaan iwapii. Ishke endaso-giizhik mii inow bebiikwaminagakin gaa-mamooyaan ani-miigaajigaadeg iw ziinzibaakwadaapineyaan. Ishke dash gaawiin geyaabi memwech inda-mamoosiinan inow mashkikiinsan, weweni inganawaabandaan i'iw akeyaa enanjigeyaan. Gaawiin-go anooj nimijisiin gegoo. Gaawiin gaye geyaabi indizhi-gozigwanisiin gaa-izhi-onzaami-gozigwanishaambaan iko. Agana-go indizhi-bikwanagizhii noongom gaye. Gaawiin igo wenipanasinon. Ishke nebowa gaa-wenda-minwendamaan gaawiin geyaabi nimijisiin. Gaawiin anooj a'aw bakwezhigan waashkobizid indamwaasiin, biinish gaye i'iw dekaag gii-ponitooyaan. Gaawiin igaye ziinzibaakwadoons indaa-miijisiin.

It has been about one year since I have gone without eating bread, macaroni, and potatoes. The reason I did this was, because my diabetes was getting the best of me. Everyday I had to take pills to try and control my diabetes. Today I no longer have to take diabetes medication, since I watch carefully what I eat. I do not always eat everything. I am also no longer as heavy as I once was. My belly also does not extend out as much as it once used to. It is not easy. I cannot eat of the foods that I used to love to eat. I do not eat cake or ice cream. I also cannot eat candy.

Nebowa niwaabamaa a'aw Anishinaabe gaa-kiishkigaadezhond maagizhaa gaye gaa-kiishkizidezhond. Mii dash i'iw weweni wenji-ganawenindizoyaan ziinzibaakwadaapineyaan gaye. Mii imaa ziinzibaakwadaapined wenjikaamagadinig ani-noogishkaajigaadenig weweni imaa da-izhijiwang omiskwiim awiya imaa okaading maagizhaa gaye ozidaang. Mii gaye ezhiwebizid ani-ginjiba'igod ziinzibaakwadaapined awiya. Mii-go gegapii gaawiin weweni anokiisiwan inow odoonikosiwan. Mii imaa ezhiijiwang awiya omiskwiim odoonikosiwaning, mii dash iw eni-izhichigenid inow odoonikosiwan ani-mamaagod maanaadadinig imaa omiskwiiming ayaamagadinig. Ishkwaa-anokiinid inow odoonikosiwan mii iwidi booch aakoziwigamigong da-izhaad da-biitaabiiginind imaa ge-onjikaamagadinig da-biinichigaadenig omiskwiim nising endaso-giizis booch. Mii iw dialysis ezhi-wiindang a'aw chi-mookomaan da-izhaad. Niizaanad geget ganawendanzig weweni ziinzibaakwadaapined awiya.

I see a lot of Anishinaabe that have amputated legs or amputated feet. That is another reason I take care of my diabetes also. The reason this happens is because the diabetes has stopped the circulation of blood maybe in his leg or his foot. That is what happens when someone loses control of his or her diabetes. Eventually their kidneys are not working properly. Their blood flows threw their kidneys, which filters the toxins from their blood. When their kidneys fail they have to the hospital to get hooked up to a machine that filters their blood for them three times a week. That is what the white man calls dialysis. It is dangerous for someone to not take good care of his or her diabetes.

Ishke gaye miinigooyaan a'aw opin gebozod imaa wiisiniwigamigong, mii eta-go aabita ezhi-amwag. Ishke gaye naajimiimeyaan, mii imaa ani-dibaabandamaan aaniin minik imaa ziinzibaakwad ani-dagonigaadeg waa-adaaweyaan. Ishke mii iw gaa-onji-boonitooyaan i'iw bizhiki-doodooshaaboo nigii-waabandaan ozhibii'igaadeg nebowa imaa ziinzibaakwad dagonigaadeg. Mii iw noongom bagaane-doodooshaaboo menikweyaan waashkobanzinok. Mii gaye a'aw wiisagadesijigan gaa-izhi-minwenimag gaawiin geyaabi indamwaasiin onji a'aw bibine-bakwezhigan ayaabajichigaazod gii-ozhi'ind a'aw wiisagadesijigan. Niganawaabandaan gaye minik waasiniyaan. Mii iko gaa-izhichigeyaan baanimaa igo gii-wawiinge-debishkineyaan gii-ponitooyaan maajiyaan. Mii dash noongom mii eta-go da-debisewendamaan minik maajiyaan gegoo naa gaye weweni nidibaabiishkoodoon nimiskwiim minik maa ziinzibaakwad eyaamagak. Niiwing maagizhaa gaye awashime dasing bimi-giizhigak.

When I go to restaurants and they give me a baked potato I only eat half of it. Also, when I am out shopping for food I have to check the labels to see how much sugar has been added to the food. I also quit drinking cow milk because I noticed how much sugar was in the milk. Now I drink unsweetened almond milk. As much as I love eating pizza I no longer eat that either, because of the flour used to make the crust. I also watch the amount that I eat. What I used to do was eat until I was plump full before I stopped eating. Now today I just eat enough so I am content and I also make sure I check my blood sugar. I may check it four times or more a day.

Ishke a'aw Anishinaabe gaawiin weweni ganawenindizosiin dibishkoo-go odapiitendanzii i'iw bimaadizid. Dibi wenjikaamagadinigwen i'iw izhichiged a'aw Anishinaabe, maagizhaa gaye mii imaa ani-debwetamang gii-aaniwenimigooyang anishinaabewiyang gii-goopidenimigooyang. Mii dash imaa biinjina bemiwidooyang o'ow weweni ganawenindizosiwang.

The Anishinaabe does not take good care of himself, as if he has no regard for his own life. I do not know where that comes from that Anishinaabe does that, it could be that we believe what we were told that we were inferior and not worthy. We carry that belief within us and is the reason we do not take good care of ourselves.

Bizindawishig weweni gidaa-ganawendaanaawaa bimaadiziyeg. Mii ingiw Manidoog gigii-miinigonaanig i'iw bimaadiziw. Gigii-ina'oonigonaanig ingiw Manidoog i'iw bimaadiziw. Gaawiin gidaa-wii-nishwanaajitoosiimin.

Listen to what I am saying and take good care of your life. The Manidoog were the ones who gave us our lives. Our life was a gift from the Manidoog, therefore we should not waste it away.

Mother Day's Fry Bread at Rival House

Mille Lacs Corporate Ventures

Making fry bread has been a family tradition since Dawn Day and her sister Stephanie can remember. They spent countless hours watching their mother, Georgianna sift flour and work through her beloved recipe. It was something that Dawn knew she wanted to master, just like her mother. It wasn't until 1980 when she began trying out Mother Day's recipe on her own. "It really comes down to the ingredients you use," Dawn shared. "My mother used to always say 'if it's not broke, don't fix it.'"

She has stayed true to Mother Day's recipe for the last 30 years, sharing the product of her hard work with family and friends, countless fundraisers and her local community. And now, Dawn is sharing her mother's recipe with the public, where it can be seen — and tasted — at the new DoubleTree restaurant in St. Paul — Rival House.

The love of Mother Day's fry bread got Joe Nayquonabe, Jr. thinking about how to incorporate the famous recipe into the menu. "Unless you live on or near a reservation you are unlikely able to experience Native American food, let alone a staple like Mother Day's fry bread," Nayquonabe said. "Feasting is a big part of our culture and we wanted part of that to be represented on the menu for all to try."



Pictured (L-R): Dawn Day, Chef Andy Vyskocil and Stephanie Day with a batch of Mother Day's fry bread, made at Rival House.

Dawn and Stephanie were invited down on Monday, June 23 to spend a few hours with Rival House executive chef, Andy Vyskocil and his team to show them the proper technique in making fry bread. Dawn was in her element as she mixed the ingredients, sifted the flour, kneaded the dough and carefully

placed each piece in the frying pan. "It was a good day," Dawn said. "I know my mom would be so proud."

Mother Day's fry bread will be featured as a special on the Rival House menu to celebrate the new restaurant, which opened its doors to the public on June 30.

NCAI Applauds President Obama's Historic Visit to Indian Country

Courtesy of National Congress of American Indians

The National Congress of American Indians (NCAI) applauds President Obama for upholding his ongoing commitment to tribal nations and Native peoples by travelling to the Standing Rock Sioux Reservation on June 13. Since taking office, President Obama has remained steadfast in honoring our nation-to-nation relationship. President Obama has kept his commitment to host the annual White House Tribal Nations Summit in Washington D.C. These summits have facilitated unprecedented engagement between tribal leaders and the President and members of his Cabinet.

At the 2013 White House Tribal Nations Summit, the President announced that he would visit Indian Country himself — a longtime priority of tribal leaders. The visit to Standing Rock fulfills that promise. This historic visit is the first by a sitting President in over 15 years and makes President Obama only the fourth President in history to ever visit Indian Country.

NCAI expects the President to address the economic development needs of tribal nations and the needs of Native youth. While tribal youth are included in the Administration's "My Brother's Keeper" initiative, this Administration has always

known that Native children have specific cultural and education needs that require focused attention.

For this reason, Indian Country has witnessed an unprecedented collaboration between the Secretary Jewell at the Department of the Interior and Secretary Duncan at the Department of Education, to study what is necessary to make sure that all of our Native students — in public schools, tribal schools, and Bureau of Indian Education schools have the tools they need to ensure a strong future for all Native children. In 2013, Secretary Jewell visited the Pueblo of Laguna to see first hand how a tribal education department was improving the quality of schools operations, performance and structure of BIE schools. She witnessed a nation that was engaged and excited to participate in efforts to improve educational outcomes in Indian Country.

It will take visits like this — the agencies working together with tribal governments and national organizations such as the NCAI and the National Indian Education Association to ensure that our students can be the future tribal leaders, teachers, health care workers, and entrepreneurs that our nations and the United States need to thrive for generations to come.

The President's visit builds on ongoing efforts of his Administration to work closely with tribal nations on policy that affects their citizens. We trust the visit will be a catalyst for more policies that will not only succeed today, but cement the positive relationship between tribal governments and the federal government well into the future. President Obama has made annual summits between our nations in his words, "almost routine." We trust this will be the continuation of his Administration's engagement with our nations that makes visits to Indian Country by the President and his Cabinet routine too.



President Obama addresses the crowd at Standing Rock Sioux Reservation



School Garden Growing Healthy Habits

Toya Stewart Downey Staff Writer

What started as a small idea to teach children about different fruits and vegetables along with growing and maintaining gardens has blossomed into a big success thanks to the many people who have contributed to the effort.

For the past five years Deborah Foye, Nutrition Services Coordinator for Nay Ah Shing Schools, has led the charge by writing grants, soliciting donors, coordinating care and seeking volunteers for the school's garden.

But it's not been a one-person effort. The Band's Department of Natural Resources has built raised garden beds. Children from the Band's early childhood development program have helped care for the garden during the summer. Students at Nay Ah Shing have helped plant, weed and water the garden.

"The garden has been well-supported by the school and the community," said Deb. "And it's all for the kids. They get to eat foods they've never tried, they get to learn how to start and maintain a garden and they learn about eating healthy."

The food grown in this year's garden will be shared with the tots in the early education program and used in the school's summer meal program. Those who participate in Neigann (formerly the Boy's and Girl's Club) will get to sample some of the delights.

In mid-June the first ripe strawberries were harvested and there's plenty more to come, Deborah said. Some of the other

edibles that are in the garden are raspberries, tomatoes, zucchini, squash, onions, watermelon, cantaloupe, pumpkins, beets, carrots, lettuce and hot and sweet peppers. Three 20x20 growing spaces and one 5x20 space make up the school's garden.

There's also a lovely grape arbor with grape vines growing on a trellis. "Maybe if we get enough grapes, we'll make grape jelly," Deborah said.

"We're also trying gourds this year for the first time. The art teacher wants to use them for projects with students next year, so we'll see how they grow," Deborah added.

For the third year, Keith Nentle, owner of Aitkin Dairy, has donated funds to be used for the garden. The school also received a \$400 Farm to School grant from the Minnesota Department of Agriculture's Minnesota Agriculture in the Classroom Foundation.

Deborah said she plans to use the Farm to School grant to purchase a rain barrel and supplies for the next round of planting.

"The kids get so excited about the garden," she said. "They love to plant the seeds and watch them grow."

Plus, they get to visit the sunflower house, a small paved area that is surrounded by big bright sunflowers that serve as walls. They can also play in the cucumber tunnel — a plastic structure that is covered by the vegetable.



Deborah Foye helps a student plant seeds

Deborah's one major disappointment about the garden is that for each of the years it's been in existence, vandals have destroyed parts of it.

"It's heartbreaking to the children when they see it's been vandalized," said Deborah. "They take such pride in what they are doing with the garden that it makes them sad when it's damaged by others."

Gikinoo'amawind Anishinaabe Abinoojiinh

Baabitaw Boyd Gaa-ozhibii'ang



It's about the obstacles regarding Ojibwe language acquisition in anishinaabe children who are already fluent in English.

Mii azhigwa niizho-biboonagak apii gaa-maajitaayaang gikinoo'amawangidwaa ingiw abinoojiinyag imaa Miskwaanakwad gikinoo'amaadiwigamigong. Gaawiin igo gii-wenipanisinoon wii-gikinoo'amawangidwaa. Ishke gayat ingiw abinoojiinyag chimookomaaning i'iw akeyaa gii-izhi-inendamooog odinendamowiniwaang. Zanagad dash i'iw wii-ni-nanaa'isidooyaang i'iw anishinaabeng akeyaa da-izhi-naanaagadawendamowaad. Mii i'iw zenagak wenjida noomaya-go inendaagwad gii-ni-gikendamaang i'iw Ojibwemowin miinawaa gaabige ani-gikinoo'amaageyaang i'iw gidinwewininaan.

Bebakaan inaadiziwag ingiw abinoojiinyag. Gaawiin eta-go bezhigwaning akeyaa gakina da-gikinoo'amawaasiwag. Booch bezhig ingiw abinoojiinyag da-nanda-waabanjigaadenig i'iw akeyaa da-izhi-wenipaniizwaad weweni igo da-nisidotamowaad i'iw akeyaa da-nanaa'isidoowaad ezhi-misawendamowaad miinawaa eni-izhichigewaad.

Mii-go apane nanda-waabandamaang i'iw bezhig ingiw abinoojiinyag ge-ni-izhichigewaad zakab imaa biinjina da-izhi-ayaawaad, gegoo migwanaadizing da-izhi-ayaasigwaa. Ishke imaa ninaadamawaanaanig da-mino-wiiji'aawaad owiiji-

gikinoo'amaaganiwaan; gego da-zazaagitamawaasiwaawaan gegoo waaji'aawaajin, i'iw akeyaa gaye ge-izhi-gagwedwewaad da-naadamawindwaa da-wiidoowindwaa giishpin ani-zanagendamowaad gegoo. Gego imaa da-wii-ayaamagasiniini imaa ge-gagwaadagi'igowaad biinjina. Ishke dash da-ni-mikamaang zakab da-izhi-ayaawaad bezhig ingiw abinoojiinyag, mii dash imaa ge-onjikaamagadinig da-ni-wawiingeziwaad miinawaa da-minwiiwaad da-gikendamowaad ezhi-gikinoo'amawindwaa. Mii gaye imaa ge-onjikaamagadinig da-wenda-minwendamowaad gikinoo'amaagoziwaad. Mii imaa ge-onjikaamagadinig da-minosewaad oniigaaniimiwaang.

Niizhing i'iw akeyaa da-ni-gikinoo'amawangidwaa, booch i'iw da-gikendamowaad i'iw da-nitaa-agindaasowaad da-gikendamowaad iniw asigibii'iganan naa gaye anooj da-gikinoo'amawindwaa gakina-go ingiw abinoojiinyag misawaa-go aaniindi baa-gikinoo'amawindwaa. Mii dash iwedi bezhig ge-gikinoo'amawangidwaa booch i'iw anishinaabeng akeyaa da-naanaagadawendamowaad, mii iw mesawendamawangidwaa. Mii iw booch da-waabanjigaadeg i'iw akeyaa ge-ni-izhichigewaad ingiw abinoojiinyag zakab biinjina da-izhi-ayaawaad.

Azhigwa dash ani-waabandamaang gashki'ewiziyaang i'iw niizhing akeyaa gikinoo'amaageyaang ani-naadamaagod a'aw abinoojiinh, mii imaa wenjikaamagakinawaanigwendamaang gikinoo'amaageyaang.

Ishke dabwaa-ayaamagak iniw gikinoo'amaadiwigamigoon imaa bizhishig a'aw Anishinaabe gii-ayaad, gii-gagwaadagizi a'aw Anishinaabe aana-wii-gikinoo'amaagozid iniw gikinoo'amaadiwigamigoon gaa-ayaamagakin. Gii-bangiwigagizi a'aw Anishinaabe imaa gaa-izhaad, nawaj gii-nebowawagiziwani iniw chimookomaanensan gaa-gikinoo'amaagozinijin imaa. Ishke dash ingiw chimookomaanag geget chi-apiitenindizowag. Mii dash imaa wenjikaamagak aanawenimaawaad bakaan enaazonijin. Mii dash gii-aanawenimaawaad gii-goopidenimaawaad iniw Anishinaaben.

Ishke dash mii a'aw Anishinaabe gaa-onji-mino-gikinoo'amaagozisig megwe-chimookomaaning. Mii eta-go chimookomaaning akeyaa enendang gaa-izhi-gikinoo'amaageng, gaawiin gegoo anishinaabewang gii-tazhinjigaadesinoon. Ishke imaa ani-wawiingezipan imaa iniw gikinoo'amaadiwigamigoon, mii-go da-gii-wanitoopan i'iw Anishinaabeng akeyaa da-inendang. Mii iw ge-gii-ni-izhiwebizipan da-gii-ni-wanitoopan i'iw anishinaabewid.

Ishke mii iw ge-naadamaagod a'aw Anishinaabe ani-aabiji-ayaamagak anishinaabe-gikinoo'amaadiwigamigoon. Mii imaa da-gikinoo'amaageng ge-naadamaagod a'aw Anishinaabe da-ni-gikinoo'amaageng gaa-izhi-miinigoowiziyang akeyaa ge-izhi-bimiwidooyang bimaadiziyang miinawaa gaa-izhi-miinigoowiziyang da-inweyang. Gaawiin onjida gigii-miinigoowizisiimin i'iw akeyaa da-inaadiziyang.

To Honor and Never Forget

Sandy Lake Tragedy commemoration to be held July 30

Deborah Locke Staff Writer

For most of you reading this today, the Mille Lacs Reservation, or the place you call home, exists in large part because of the ultimate sacrifice paid by your relatives in 1850.

Late in July of this year, the annual commemoration to honor that sacrifice will take place at the Sandy Lake campgrounds near the Mikwendaagoziwag ("We Remember Them") Memorial.

"The day gives us a chance to remember, to honor, and to meet our Ojibwe relatives," said Brad Kalk, Executive Director with the Band's Department of Natural Resources.

"The first time I went it really humbled me," he said. "It puts the past in perspective and helps each of us remember in our own personal way the relatives who ensured we would have a homeland."

Those relatives from Wisconsin and Michigan numbered in the thousands in 1850. At that time, they gathered at Madeline Island (then called LaPointe) for annuity payments in the fall of each year. Minnesota was not a state at that time, and Alexander Ramsey served as the territorial governor.

Ramsey and others wanted the Ojibwe to settle at Sandy Lake, which would free up land sought by non-Indians. Also, the move would enrich the Minnesota territory if the Ojibwe spent their annuity money on trader goods here rather than in neighboring territories.

So a decision was made by President Zachary Taylor and territorial officials to move the annuity payment location to Sandy Lake. Up to 5,000 Ojibwe made the 285-mile trip by canoe in the late fall of 1850.

Brad summarized the outcome this way: "They showed up," he said. "The government did not show up." There was no food and before long, illness took hold. Winter set in early that year, and the young and elderly began to weaken. In December a small amount of food arrived with part of the annuity payments. Much of the food was spoiled. About 150 people died at the lake site, and another 250 died on the difficult trek

through snow back to the Wisconsin territory. Those who did return vowed to never leave their homelands again.

News of the federal government's treatment of the Ojibwe spread throughout the country; many non-Indians were outraged and opposed efforts to remove Indians westward. Ojibwe Chief Buffalo fought for permanent reservations in Michigan, Wisconsin and Minnesota, as detailed in the 1854 Treaty of La Pointe. Unlike other Indian nations throughout the U.S., the Ojibwe remained in their traditional territories. That firm resolve stemmed from the horrors that occurred at Sandy Lake. In their way, the people were saying never again would such a tragedy occur.

The irony is this: if the group had survived its first winter at Sandy Lake and remained there, today's reservation system would not exist. Under the 1854 Treaty of La Pointe, these reservations were established: Grand Portage; Fond du Lac; Red Cliff; Lac Courte Oreilles; Bad River; Lac Vieux Desert, L'Anse; Ontonagon; and Lac du Flambeau. The following year, by the Treaty of Washington (1855), the government created additional reservations: Leech Lake; Cass Lake; Lake Winnibigoshish; Sandy Lake; Pokegama Lake; Rabbit Lake; Gull Lake; and Mille Lacs Lake reservations.

"It is a tragedy that so many died," said Sue Erickson, director of public information with the Great Lakes Indian Fish & Wildlife Commission. "But those who survived brought a stability to generations after them through their determination not to be moved again." GLIFWC is hosting the July commemorative event.

The day starts with a canoe trip across the lake that takes from two to three hours, followed by a pipe ceremony near the memorial and a feast. The memorial was designed and paid for by 12 Ojibwe bands including Mille Lacs, Grand Portage, Leech Lake, Fond du Lac, Bad River, LCO, Lac du Flambeau and Red Cliff.

"The whole region of Ojibwe suffered a loss," Brad said.



The Sandy Lake Memorial. Photo published courtesy of the GLIFWC.

"When you go to the memorial you'll see people from Fond du Lac, Bad River, LCO, everywhere there are Ojibwe. You see them and know that we are all related, we are all Ojibwe."

Information from the GLIFWC website is included in this story.

Sandy Lake Commemoration

Wednesday, July 30, 2014

Sandy Lake Campground/Memorial area, on U.S. Hwy. 65

9 a.m.–11 a.m.: Canoe trip; non-canoe paddlers can wait in campground area to visit and await return of canoes.

Around noon: ceremony, followed by a feast of traditional and picnic foods.

What to bring: Powwow gear, chairs, blankets, coolers with beverages, and sun screen.

3rd Annual Bradley Roache, Sr. Memorial Golf Tournament

Krista Roache Klug Contributing Writer **Ryan O'Brien** Photographer



2013 1st Place Team (L-R): Jayson Churchill, Ryan O'Brien, Cody Sikkink, and Bobby Anderson.

The family of Brad Roache is hosting the 3rd Annual Bradley Roache, Sr. Memorial Golf Tournament on Saturday, July 26, at

Eagle Trace Golf Course in Clearwater, Minnesota.

Proceeds from the tournament will go toward the Bradley Roache, Sr. Memorial Scholarship Fund. Brad passed away on November 20, 2011. Brad really enjoyed the game of golf. To honor our father we thought what better way than to host a golf tournament in which we could do something good and also give back to the community. That is when we decided to create the scholarship fund. Last year, just over \$7,000 was raised! Money from the tournaments will be awarded to Native Americans pursuing degrees in law enforcement and criminal justice.

A Mille Lacs Band member, Brad dedicated his life to public safety. He served on the Minneapolis Police Department for 24 years and was active on the homicide/robbery unit and the emergency response unit. After Brad retired, he served the Mille Lacs Band as the director of public safety

and the Corporate Commission's corporate director of security and surveillance.

Education was also important to Brad; he believed it was never too late to go back to school. In fact, he graduated from St. Mary's University with a bachelor's degree in police science in 2009.

The golf tournament is a four-person scramble. The registration fee is \$100 per person for teams of four. The tournament will also have prizes, a silent auction, and on-course games. The winners of the tournament will be recognized.

For more information on the tournament or the scholarship, contact Krista Roache Klug at 320-224-7061 or e-mail brmemorialgolf@hotmail.com.



DISTRICT 3

Lake Lena Softball Teams a Hit at Tournament

The men's and women's Lake Lena softball teams both had success at the Mid Summer Classic Softball Tournament in Pine City on June 7-8.

The women's team took 1st place after winning all four games they played. The men's team took 3rd place in their tournament.

Congratulations to both teams on their accomplishments!



Standing (L-R): Shannon Garbow, Sirena Rydel, Vanessa Gibbs, Marlana Staples, and Jari LaSarge. Middle (L-R): Monica Benjamin, Angela Matrious, and Shawna Matrious. Kneeling (L-R): Shayla Livingston, Summer Robertson, Oleia St. John, and Pennie Roberston. Not pictured: Maria Knowlen and Kate Davis.



Back row (L-R): Shawn Stevens, Eli Staples, Matt Hatfield, Tony Benjamin, Jullian Audie, and Lionel Richey. Kneeling (L-R): Alex Hopkins, Reuben Staples-Gibbs, Cayman Audie, and B.J. Livingston.

Interested in submitting to the *Inaajimowin*?

Send your submissions and birthday announcements to Andy McPartland at andy@redcircleagency.com or call 612-248-2051.

The August issue deadline is July 15.

Prayers and Goosebumps

MHS hosts Ojibwe/Dakota gathering at Dist. 1 in May

Deborah Locke Staff Writer/Photographer



A group of people gather at Lake Ogechie

A few Dakota women walked away from the group at the old Isanti village on Lake Ogechie, came together and spoke and then quietly offered Victor Perry some tobacco.

Vic called all the Dakota, Ojibwe and others to an area where you can see a long distance down the lake in either direction. He said the women felt sadness from their ancestors who were buried at that site because in modern times, the area was used as a tourist campsite. The ancestors still felt badly about vehicles driving over the burial grounds, and other disturbances.

The ancestors heard Victor's words as he prayed for them, he said later. He prayed for all the people at the lakeshore that day. Bowed heads lifted at the end of the prayer, handshakes took place, and warmth seemed to return to the air.

The bus trip to Lake Ogechie at Kathio State Park was part of a "roundtable" gathering organized by the Minnesota Historical Society for about 80 Ojibwe and Dakota on May 21-22, 2014. The purpose of the roundtable was to learn more about each other's shared history and to continue with the roundtable format established with the Dakota by MHS.

"We saw this as an opportunity to build on our relationship with the Dakota and expand and include the Ojibwe since they share history at this site," said Andrea Kajer, Deputy Director for External Relations at MHS. The roundtables originated in 2011 when staff at the Historical Society realized they needed Dakota people as resources in telling the story of the 1862 U.S.-Dakota War.

On a chilly but bright May morning, the Dakota served as advisors again, relaying their past while making connections with Ojibwe from throughout Minnesota. In attendance were Ojibwe from Mille Lacs, White Earth, Fond du Lac, Leech Lake, Turtle Mountain, Red Lake and the Bois Fort reservations. The Dakota came from Montana, North and South Dakota, Nebraska and Minnesota.

Topics included a history of the Big Drum (Joe Nayquonabe), American Indian genealogy (Tamara St. John), the Dakota POW

letters written from a Davenport, Iowa prison following the 1862 war (Dr. Clifford Canku), and tribal preservation work (Natalie Weyaus and Kade Ferris). MLB Education Commissioner Suzanne Wise gave the welcoming remarks.

In his presentation, archeologist Kade Ferris from Turtle Mountain reported on the meaning of stone formations found in a North Dakota county. One series of stones formed the outline of a thunderbird.

In past decades archeologists merely destroyed artifacts and areas in their search for the past, Kade said. Today they can be criticized for revealing only a part of the story

from an important secular or sacred site, without attempting to interpret what they find and learn from it. Effective archeologists learn from the past and how the sacred and secular interconnect, he said.

Kade's presentation struck a chord with MLB member Alicia Skinaway, who was amazed at the work that revealed evidence of Ojibwe beliefs and ceremonies so distant from Minnesota. She was also impressed with Dr. Clifford Canku's presentation on the prisoner letters (see accompanying story).

The two days of making connections and learning each other's history also meant a great deal to Lisa Yankton, who is enrolled with the Spirit Lake (Sisseton Wahpeton) tribe in North Dakota.

"We built stronger bonds and came to a better understanding of each other," she said in a phone interview. "It was fascinating to hear the stories and learn the way everyone is related. It was a wonderful gathering."

Victor Perry, who gave the Lake Ogechie prayer and is enrolled with the Fort Peck Assiniboine and Sioux Tribe, echoed Lisa's sentiments. He said he has always believed there is

strength in numbers, that if people are united, they can achieve anything.

"United we stand, and that is what happened those two days in Minnesota," he said. "I had a dream that I went back to dance, back to Minnesota where my ancestors lived."

He said the best part of the trip was saying the prayer at Lake Ogechie.

"That was touching," he said. "Their relatives are still there near the lake, the women could see that. I'll never forget that. Now I'm kinda getting old but I want to dance there, dance for enjoyment and show that the circle is complete."

At one point during the roundtable, Vic sat next to Dr. Clifford Canku for the first time.

"I felt he was a good man before we talked and it turned out we have a lot of relations in common," he said.

"I got goosebumps. I always get goosebumps when something special happens."

"We saw this as an opportunity to build on our relationship with the Dakota and expand and include the Ojibwe since they share history at this site."

— Andrea Kajer, Deputy Director for External Relations at MHS

Genealogy: Why It's Important to Know Who You Come From

Deborah Locke Staff Writer/Photographer

Tamara St. John said that family means everything to Native Americans. When you meet someone, the first thing they want to know is who your family is. They understand you better once they know who you come from.

For years Tamara has worked as a genealogist for the Sisseton Wahpeton Oyate in Sisseton, South Dakota. She also does other kinds of historic preservation for the Tribal Historic Preservation Office. Tamara spoke about her work at the May Ojibwe/Dakota roundtable held at the Grand Casino Hotel Mille Lacs.

She said that many native communities already have a member who informally keeps track of who is related to whom. They may not use a computer or library, but they know who lives where and how each person fits in.

The power of genealogy became clear to Tamara after a friend's sister died. Tamara and her friend decided to do research and learn her family tree. "We found many incredible stories," she said. "We found a Ho Chunk relative with the same name in the Ho Chunk language as her childhood nickname. She learned she is part of a large family of survivors who went through a lot."

Some people seeking family information are "lost birds," or adoptees who were raised from infancy by non-native families. They are very focused on recreating a family tree while learn-

ing culture and history. Genealogy plays a big part in connecting these adults to their roots. They learn birth orders or why a certain faction of the family suddenly upped and moved during a particular decade.

Yet challenges always exist. Many natives were re-named by Indian agents which split families into random groupings. For example, a woman named Emma To was named Emma Toe on the rolls. "To" means "blue," so her name should have been Emma Blue, not Emma Toe. A man's last name meant duck in Dakota, but he was re-named "Swan."

Tamara said that the toughest kind of question she gets is this: My grandma said her dad was a Native American and how do I find out about him? The easy answer is to start with the names, and look at the areas where people were settled at that time. It is unlikely that so vague a request will result in an answer, but the question is worth asking.



Tamara St. John

A Translation and a Plug for Knowledge

Dr. Clifford Canku and the Dakota prisoner letters

Deborah Locke Staff Writer/Photographer

Recently retired college professor Dr. Clifford Canku helped translate 50 letters from Dakota prisoners into English. The translated letter now appear in a book, *The Dakota Prisoner of War Letters* (2013, Minnesota Historical Society Press).

As many as 270 Dakota men were sent to prison in Davenport, Iowa, following the Dakota War of 1862. Many died while imprisoned, and many wrote letters to loved ones. Originally forwarded by the Rev. Stephen Riggs and now in faded pencil and frail condition, the letters were stored at the Minnesota Historical Society.

In a presentation at the May 2014 Roundtable of Ojibwe and Dakota held at the Grand Casino Mille Lacs Hotel, Dr. Canku spoke of his personal journey with the letters and a visit to a sweat lodge to receive permission to translate the letters. As the project unfolded, he saw the way language is a living, breathing entity that changes over time. Once the translations started, someone suggested the sentences be edited into formal English.

"We said no, the spirits would not want that," Dr. Canku told the audience. "We don't change what God created. We think we are doing things ourselves, but the Creator makes things happen, not us."

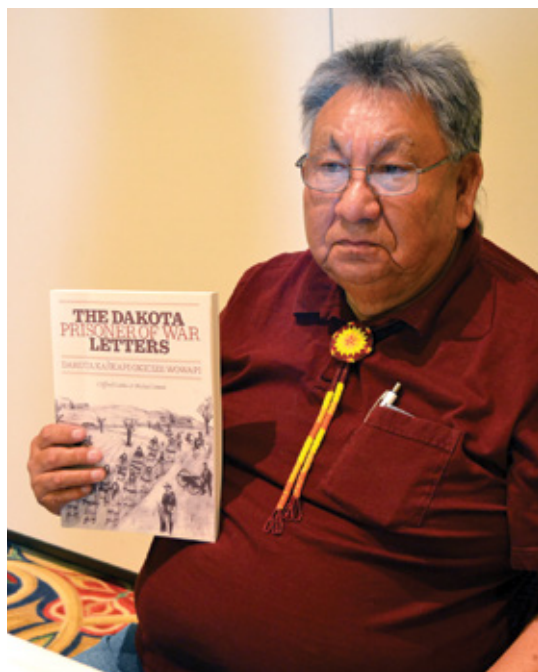
A few of the translated sentences are these: "My relative write me a letter I would like that very much." "God is most great and good and I always think this way." "We hear bad news the women are pitiful and scared." "Those of us laying here are getting few."

Dr. Canku said he sometimes receives correspondence from readers of the book. One young woman said she was surprised in reading the letters that little rancor came through. "Why weren't they bitter?" she asked.

"I wonder a lot about that myself," Dr. Canku said. "I wrote to her that a lot of knowledge is beyond our ability to understand. Some innocent Dakota were hanged (in Mankato, December 1862). I told her that I can only speak for myself and say I feel happy, not bitter. The spirits out there look down on us and ask 'are we remembered?' Yes, they are. I want them to be proud of who I am. I am still Dakota."

He added that knowledge exists among the Dakota and in the European American education system. He thinks it is important to be proficient in both.

"To be successful, we should be like a tree and nourish the root of who we are, Dakota or Ojibwe" he said.



Dr. Clifford Canku

Nay Ah Shing School Summer Food Service Program

Nay Ah Shing School is participating in the Summer Food Service Program. Meals will be provided to all children without charge and meet nutritional standards established by the U.S. Department of Agriculture (USDA).

Days of Operation

Now–August 15 (closed on July 4)

Breakfast: 8:00 a.m.–9:30 a.m.

Lunch: 11:30 a.m.–1:00 p.m.

Adults can purchase breakfast for \$3.00, and lunch can be purchased for \$4.00.

For more information visit: millelacsband.com/resources/public-notice-updates/

Leaders in Nature

Thanks to funding from the First Nations Development Institute and the Otto Bremer Foundation Mille Lacs Band youth will have an opportunity to learn about natural resources and become stewards for preservation.

The \$20,000 grant came from the foundation and was designed for the purpose of asset-building in Indian Country. The First Nations Development Institute, based in Longmont Colorado, awarded the funds to the Band's Department of Natural Resources to develop a mentorship program for youth. Through the program, young people will learn more about natural resources and environmental studies.

The money has also been used to train 50 Band employees in basic mentorship techniques, to train six DNR staff and a science teacher at Nay Ah Shing. The group learned about Project Wet Activities, a water resource program that teaches youth about water resources. The class was taught by the Minnesota Department of Natural Resources.

For two weeks this summer, the Band's natural resources department will employ a youth intern to learn about wildlife biology, air and water quality, cultural preservation, environmental science and forestry and land management.

Leaders in the Band's DNR department said they are grateful to the Otto Bremer Foundation and the First Nations Development Institute for providing the funding opportunity to train youth and provide them knowledge to manage and protect the land.

Are you an Elder or do you know an Elder who has a story to tell?

The Inaajimowin is looking for Elder stories for upcoming issues.

Send your name, contact information, and a brief description of the Elder you would like to feature to Andy McPartland at andy@redcircleagency.com or call **612-248-2051**.

TRIBAL NOTEBOARD

Happy July Birthday to Mille Lacs Band Elders!

Robert Duane Anderson
David Niib Aubid
Cynthia Pauline Backora
Darline Ann Barbour
MaryAnn Sophia Belgarde
James Oliver Benjamin
Robert Joy Benjamin
Donna Marie Boodoo
Lewelyn Gene Boyd
Kevin Scott Churchill
Randall Clark
Gary Lee Davis
Martha Kathrine Davis
Brian DeSantis
George James Dorr, Jr.
Rosella Marie Eagle
Vernon Melvin Frye
Donna Lou Gilmore
Karen Harrington
Caylen Jansen
Lawrence Gene Johnson
Loretta Ruth Kalk
Debra Ann Kamimura
Dixie Marie Kamimura
Judith Joan Kanassatega
Vivian Roxanne Keggs
Richard Joseph Keller
Deborah Jean Kersting
Darlene Ann LaFave
Bonita Marie Lucas
Virginia Mann
Lucille Ann Merrill
Meskwanakwad
Jo Ann Mitchell
Letitia Mitchell
Carol Jean Nickaboine
Debra Ann Olson
Joseph Vincent Pewaush
Steven Edward Premo
Daryl Alan Quaderer
Elfreda M. Sam
Valerie Jayne Shingobe
Alicia Lydia Skinaway

Geraldine Ellen Skinaway
Loretta June Smith
Andrew Felix St. Clair
Ruth Anne St. John
Patricia Louise Thomas
Jolette Marie Zapf

Happy July Birthdays:

Happy 6th Birthday
Memengwaa on 7/1 from Mom, Ian, Cedly B, Fabes, Remigio (Javi), and Baby Lewis.
• Happy Birthday **Nicole** on 7/2 from Karen, Brad, Sr., Sharon, Ravin & Mels, Tracy & kids, Nicole & boys, Shelby & Boyds, Valerie & Kids, Rachel & Waylon, Brad, Jr. & Kids, Jay & kids, Randi, and Bruce & girls.
• Happy Birthday **Uncle Dal** on 7/2 with love from Destanie, Jordan, and Shyla. • Happy Birthday to my great-nephew **Quentin Reginald Garbow, Jr.** (aka Little Q aka Popeye) on 7/4 from Uncs. • Happy 5th Birthday **Daymon Fronco** on 7/4 with love from Mom, Chey, Selena, Ling Ling, Dante, Maysun, Shawsha, Soul, Grama Vera, Dealayna, Stone, Derek, Frankie, Zion, Auntie Rae, Uncle Joe, Simone, Donny, Joey, Sheila, Simon, Jim, and Bruce.
• Happy Birthday **Sonny Bono** on 7/5, love Auntie Barb, Boy, and Bunny. • Happy Birthday **Nick Rosay** on 7/7 from Rachel and Waylon. • Happy Birthday **Deanna** on 7/8 from Rachel and Waylon. • Happy Birthday **Boy** on 7/9, love Mom, Bunny, Ian, and Cedly Bear.
• Happy 13th Birthday **Dezy Gordon** on 7/9, love Auntie Barb, and cousins. • Happy

Birthday **Chase Nickaboine** on 7/10 from your mom Dana and brother Chance. • Happy Birthday **Myrah Belle** on 7/12 from Antie Rae and Waylon.
• Happy Birthday **Marissa** on 7/12 from Waylon and Rachel.
• Happy Birthday **Max Dean** on 7/12 from Daddy, Mommy, CJ, Jordon, Aidan, Arielle & family, Tony & kids, Tracy, Jarv, Karen, Sharon, Ravin, Mels, Mick & Family, Val & kids, Brad & kids, Jay & kids, Randi, Bruce & girls, Rachel & Waylon, Nicole & boys, Adrian & kids, and Adriana & Alayah. • Happy Birthday **Loretta (Ettass) Sam** on 7/12, love Barbara Jo. • Happy Birthday **Karen** on 7/13 from Brad, Sr., Sharon, Ravin & Mels, Tracy & kids, Nicole & boys, Shelby & Boyds, Valerie & Kids, Rachel & Waylon, Brad, Jr. & Kids, Jay & kids, Randi, and Bruce & girls. • Happy Birthday **Maya Gloria Jean Weyaus** on 7/13, love Twyla, Michael, and Uncle Jimmy. • Happy Birthday **PurrWhit** on 7/14 from Antie Rae and Waylon. • Happy Birthday **Erica Garbow** on 7/15 love Mom, Pops, Cedez, and your brothers and sisters.
• Happy Birthday **Kisses** on 7/19 from Waylon and Rachel.
• Happy Birthday **Tehlis** on 7/19 from Grandma Deanna.
• Happy Birthday **We'eh Bert** on 7/19, love Maria Kaylyn.
• Happy Birthday **Sheldon Garbow** on 7/19, love Mom, Pops, Cedez, and your brothers and sisters. • Happy Birthday **Uncle Bert** on 7/19 from Hayde, Cayl, and Kc. • Happy 11th Birthday **Cedric** on 7/20

from Mom, Ian, Memengwaa, Fabes, Remigio (Javi), and Baby Lewis. • Happy Birthday **Chey, Sr.** on 7/20 from Mary, Selena, Jordan, CJ, Dante, William, Maysun, Shawsha, Raquil, Soul, Nikkia, and Daymon. • Happy 11th Birthday **Cedly Bear** on 7/20, love Grandma Barb, Dad, and Uncle Bunny. • Happy Birthday **Sissy** on 7/21, love your brothers and sissys.
• Happy Birthday **Rachel** on 7/21 from Babe. • Happy Birthday **Cilla Marie** on 7/22, love Auntie Barb and cousins.
• Happy 2nd Birthday **Remigio** (Javi) on 7/23 from Mom, Ian, Cedric, Memengwaa, Fabes, and Baby Lewis. • Happy Birthday **Mom** on 7/23 with love from Jordan, Destanie, and Shyla. • Happy Birthday **Alli Nickaboine** on 7/24 from Sissy Erkle and Maria Kaylyn.
• Happy Birthday **Jordan** on 7/25 from Daddy, CJ, Max, Aidan, Tony & kids, Arielle & family, Rachel, and Waylon. • Happy Birthday **Oguy** on 7/29 from Rachel and Waylon. • Happy Birthday **Asia Boyd** on 7/29, love Mama, Papa, and Cedez. • Happy Birthday **sissy Asia** on 7/29 from your sissys Erica, Penny, Jodi, Aaralyn, and your brothers Levi, Levin, Wade, Sean, Sheldon, and Grant. • Happy Birthday **Asia Boyd** on 7/29 from your best friend Hayden Lynnae, Sissy Kc, Cayleigh, and Maria. • Happy 12th Birthday **Nettie Poo** on 7/31 from Grama Vera, Dealayna, Stone, Derek, Frankie, Zion, Mary, Chey, Selena, Dante, Maysun,

Shawsha, Soul, Daymon, Brynlee, dad, Rachel, Joe, Simone, Donny, Joey, Sheila, Simon, and Bruce. • Happy 16th Birthday **Kyrah Thompson** on 7/31! We love you, from Dad and Mom! • Happy 7th birthday, **Dallas Downey!** Happy 19th birthday, **Jessica Stewart!** Love you both very much — The Stewart/Downey Crew

Happy Belated Birthdays:

Happy Belated 20th Birthday **Matthew Mitchell** on 6/24 from your We'eh Maria Kaylyn and Erkle.

Other Announcements:

Congratulations to **Joseph John DeMarsh** on making a 4.0 GPA while attending his first semester at Anoka Hennepin Community College. We are so very proud of you and know that you will continue to be successful. Way to go Joey! Love you tons, Grandma Olson and all your family.

Submit Birthday Announcements

Send name, birthday and a brief message that is **20 WORDS OR LESS** to Andy McPartland at andy@redcircleagency.com or call 612-372-4612.

The deadline for the August issue is July 15.

Mille Lacs Indian Museum July Events

We Are Anishinaabe: Our Migration Journey

Saturday, July 12 or Saturday, July 26

Time: 1 p.m. and 2 p.m.

Fee: \$8 adults, \$7 seniors and college students, \$6 children (ages 6–17; free for children age 5 and under), free for MNHS members

According to oral tradition, ancestors of the Mille Lacs Band of Ojibwe moved westward from the Atlantic coast of North America. By the mid-1700s they had established themselves in the region around Mille Lacs lake. Discover the origins of Ojibwe people in Minnesota in this 30-minute discussion and explore stories, values, and traditions that traveled with them and remain today.

Appliqué Porcupine Quill Workshop

Saturday, July 19 and Sunday, July 20

Time: Noon–4 p.m. Saturday and 10 a.m.–2 p.m. Sunday

Fee: \$60/\$55 for MNHS members; additional supply fee of \$15

Reservations: required three days prior to workshop, call 320-532-3632

Learn to apply porcupine quills using the appliqué method, which applies quills directly to craft material, birch bark and leather. A light lunch and refreshments will be provided. A minimum of 5 participants is required. Children under 18 must be accompanied by an adult. Discount hotel rooms available on Saturday night for workshop participants at Grand Casino Mille Lacs.

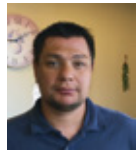
JULY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10	11	12 We Are Anishinaabe: Our Migration Journey 1 p.m. and 2 p.m. Mille Lacs Indian Museum See page 14 for more information
13	14	15 Sons of Tradition 8 a.m.–5 p.m. Grand Casino Mille Lacs See page 16 for more information	16 Sons of Tradition 8 a.m.–5 p.m. Grand Casino Mille Lacs Chiminsing Bingo 6 p.m. Chiminising Community Center	17 Sons of Tradition 8 a.m.–5 p.m. Grand Casino Mille Lacs All District Elder Meeting 11:30 a.m. Mille Lacs ALU (District I)	18 Sons of Tradition 8 a.m.–5 p.m. Grand Casino Mille Lacs	19 Appliqué Porcupine Quill Workshop Noon–4 p.m. Mille Lacs Indian Museum See page 14 for more information
20 Appliqué Porcupine Quill Workshop 10 a.m.–2 p.m. Mille Lacs Indian Museum See page 14 for more information	21	22	23	24 Family Meal Night 5:30 p.m. District III Community Center	25	26 We Are Anishinaabe: Our Migration Journey 1 p.m. and 2 p.m. Mille Lacs Indian Museum See page 14 for more information Bradley Roache, Sr. Memorial Golf Tournament Eagle Trace Golf Course See page 11 for more information
27	28	29	30 Sandy Lake Commemoration 9 a.m. Sandy Lake See page 11 for more information	31 Urban Area Community Meeting 5:30 p.m. All Nations Indian Church District II-A Sobriety Feast 5:30 p.m. Chiminising Community Center	Want your event here? Email andy@redcircleagency.com or call 612-248-2051.	

Elder Services

Sign up for Mille Lacs Pow wow will be available on July 1, 2014 at the Assisted Living Unit in East Lake, Hinckley and at the Community Center in the Lake Lena area, and at the Urban office. Rooms are for Mille Lacs Band Elders, their spouses and significant others only.

Should you have any questions please contact Denise Sargent at 320-532-7854 or Doreen Mitchell at 320-532-7532.



Community Support/Elder Services Program would like to welcome Rodney Berg as the new Elder Energy Support Technician.

Rodney is now retired from the United States Navy, after serving his country for 20 Years, Rodney is dedicating his time to his family, and working for the Mille Lacs Band. He is currently working on a Bachelors in Psychology Substance Abuse and has his Associates Degree in Business Management Human Resources.

Public Health Department

Changes in District III: Public Health in collaboration with the NIS Clinic has undertaken some recent changes in District 3. The department offices have relocated from the Aazhoomog Clinic building to office space at Anishinabe Aindiyung, the Hinckley Assisted Living Unit. This includes both nursing and transportation offices. This move allows for more effective use of department resources, and provides nursing services and supervision for the Hinckley ALU clients and staff.

Through this office we will continue to provide Public Health services, which include transportation to medical/dental appointments along with nursing services. A new addition to the D3 team, LPN Kim Leschak, will be providing the weekly visits.

Please feel free to contact us if you need services:

- Donna Hormillosa, RN, Supervisor, 320-384-0641
- Kim Leschak, LPN, 320-532-7776, ext: 2407
- Francine Staples, Transportation, 320-384-0640
- Connie Taylor, Transportation, 320-384-0640

Finally, some much-needed changes are happening at the ALU itself. With considerable traffic through this building on a daily basis, safety and security issues were a concern for the elders who reside there. In an effort to address these concerns, the front entrance door is now being kept locked.

- Visitors are being asked to enter at the front entrance and to sign in with nursing staff.

- Visitors are allowed between the hours of 7 a.m. and 10 p.m.
- Faxing of utility bills is available for elders only.
- Medications may still be picked up as before between the hours of 8 a.m. and 5 p.m. Monday through Friday.

Brownfield's Program Update

What is this program?

Federal Brownfield's funding is granted to States and Tribes yearly from the Environmental Protection Agency (EPA) to help develop programs to clean contaminated properties for future reuse.

Where is this funding used?

- Currently, the Mille Lacs Band Department of Natural Resources/Environment is using Federal Brownfield's funding to clean-up numerous property acquisitions: Ledin, Crow, Paintball, Waste Water Lagoons and Nam-macher to name a few.
- We also used the Federal Brownfield's funding to write the Mille Lacs Band of Ojibwe Clean-Up Standards, which were ratified by Band Assembly in April 2014.

Why utilize this program?

In the past, if there was a property the Mille Lacs Band was interested in purchasing, but couldn't due to contamination issues, we would walk away. Now, with this program, we can not only purchase those properties, but we can also clean those properties using Federal grant monies to give us many future use opportunities for that property.

Who can become involved?

Anyone in the communities is welcome to forward information on contaminated properties to the Brownfield's Coordinator, Todd Moilanen, by calling 320-515-1903.

Clean communities are gifts that come from involvement!

Public Notice of Condemnation

The Commissioner of Community Development for the Mille Lacs Band of Ojibwe hereby gives notice that on the below date, a final determination was made to condemn the Home located at **40139 US Highway 169, Onamia, MN within the Mille Lacs Reservation (formerly occupied by Dennis Aldridge)** on Tribally owned land described as part of Tract # 410 TF00035. The Home is a health and safety hazard and will be demolished, any land lease or land assignment will be automatically cancelled and the land will revert back to the Mille Lacs Band of Ojibwe Indians.

This determination was made on **June 12, 2014.**

For further information, contact: Lisa Johnson, Director of

Real Estate at 43408 Oodena Drive, Onamia, MN 56359.

Supplementary information: This notice is published to comply with Commissioner Order 117-00 pursuant to Ordinance 20-97 Chapter 2 section 4, the Commissioner of Community Development has the right to condemn and remove structures which pose a threat to the safety and welfare of the people of the Mille Lacs Band. This notice is also given to comply with Resolution number 2-72 dated August 25, 1972, whereas, vacancy in excess of three months with no stated intent of returning must be considered a violation of not to commit to waste any of the improvements through the land use agreement.

Notice of appeal: Any parties claiming to have an interest in the above mentioned property will have until July 31st, 2014 to appeal the decision of the Commissioner of Community Development. The appeal must be in writing requesting for review of the action that is claimed to adversely affect the interested party making the request. Any appeals received after July 31, 2014 will not be considered. In addition, if the claim is found to be valid the individual will have to immediately secure the structure and will have 30 days to obtain a valid lease and bring the structure into compliance with Health and Safety Standards **AT THEIR COST.**

"Sons of Tradition" Training Conference

A "Sons of Tradition" training designed to teach adults ways to work with youth in all Mille Lacs Band Districts will be held from 8 a.m. to 5 p.m. on July 15-18 at the Grand Casino Mille Lacs. This will be the fourth training session in the series that was developed by White Bison's Wellbriety Training Institute from Colorado Springs, Colorado.

The purpose for this prevention education program is providing character building that will enable male youth (ages 13-17) to create healthy identities for themselves as Native American men.

The hope is that Mille Lacs Band youth will learn how their own cultural traditions, spirituality and ceremonies create the pathway to meaning in their lives. The sessions include lectures, videos and culture-based activities.

Three other White Bison training sessions, "Daughters of Traditions," "Mothers of Tradition" and "Fathers of Tradition," were held at Mille Lacs beginning in May. The curriculum for each session differs and is designed using traditional teachings handed down by Native American Elders in many communities.

A continental breakfast and lunch will be provided each day. There is no fee, but seating is limited. To receive a registration form, call Kimberly Sam 320-532-7773 Ext: 2419.

Heating, Water, and Maintenance Problems?

During normal business hours: tenants in Band rentals and Elders living within the service area should call 800-709-6445, ext. 7433, for work orders. **After business hours:** tenants with maintenance emergencies should call 866-822-8538 and press 1, 2, or 3 for their respective district.

Free Hearing Evaluations

Evaluations take place on the second Friday of each month at Ne-la-Shing Clinic. Call 320-532-4163 to schedule an appointment. Walk-ins are welcome — we will do our best to serve you. Ask us about the \$1,000 in hearing aid benefits you can receive from the Circle of Health.

Hearmore Hearing has offices in Saint Paul and Osseo. To schedule an appointment Monday through Friday, call the Saint Paul office at 651-771-4019 or the Osseo office at 763-391-7433.

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